



## Resource list – Senior Years: Years 10–12 (Ages 15-17+)

### Focus Area 1: The right to be safe

#### Topic 1: Risk-taking and emergencies

##### Movies & videos

- *Facebook Restripe* | <http://tiny.cc/FacebookRestripe>

##### Resources & websites

- Beyondblue | <http://beyondblue.org.au>
- Beyondblue: Secondary schools program | <http://tiny.cc/Beyondblue-SecProgram>
- Headstrong 2.0 | <http://tiny.cc/HeadStrongResource>
- MindMatters | <http://mindmatters.edu.au> (alternative)
- ReachOut | <http://au.reachout.com>
- ReachOut: About positive psychology (PERMA) | <http://tiny.cc/ReachOut-PERMA>
- ReachOut: My Wellbeing. My Classroom | <http://tiny.cc/ReachOut-MyWellbeing> (alternative)
- ReachOut: Orb | <http://tiny.cc/ReachOut-Orb> (alternative)
- ReachOut: Positive psychology fact sheets | <http://tiny.cc/ReachOut-PositivePsychFS>
- ReachOut: Relaxation | <http://tiny.cc/ReachOut-Relaxation>
- ReachOut: Wellbeing and resilience | <http://tiny.cc/ReachOut-Wellbeing>
- Smiling Mind | <http://smilingmind.com.au>
- Youthbeyondblue | <http://youthbeyondblue.com>

#### Topic 2: Psychological pressure and manipulation

##### Movies & videos

- *Exploited* | <http://tiny.cc/Exploited>
- *Not quite right* | <http://tiny.cc/NotQuiteRight>

### Focus Area 2: Relationships

#### Topic 1: Rights and responsibilities

##### Movies & videos

- *#IMAGINE a better future for all children* | <http://tiny.cc/UNICEF-Imagine>
- *For Every Child* | <http://tiny.cc/ForEveryChild>
- *Tea Consent (Clean)* | <http://tiny.cc/TeaConsent>
- *United Nations Convention on the Rights of the Child* | <http://tiny.cc/QUB-UNCRC>
- *Your tomorrow* | <http://tiny.cc/YourTomorrow>

##### Resources & websites

- 1800RESPECT: Forced marriage poster | <http://tiny.cc/1800RESPECT-FMPoster> (alternative)
- *A simplified version of the United Nations Convention on the Rights of the Child* | <http://tiny.cc/UNCRC-Simplified>
- Amnesty International: Student and teacher resources | <http://tiny.cc/Amnesty-Resources>
- Anti-hate: Bystander tips | <http://tiny.cc/AntiHateBystanderTips> (alternative)
- Attorney-General's Department: Forced Marriage | <http://tiny.cc/AG-ForcedMarriage>
- Australian Human Rights Commission: Children and young people | <http://tiny.cc/AHRC-ChildrenYoungPeople>
- Australian Human Rights Commission: Cyberbullying, Human rights and bystanders | <http://tiny.cc/AHRC-CyberbullyingRights>

- Australian Human Rights Commission: Human rights in the school classroom | <http://tiny.cc/AHRC-Classroom>
- Australian Human Rights Commission: Lesbian, Gay, Bisexual, Trans and Intersex Equality | <http://tiny.cc/AHRC-LGBTI-Equality>
- Australian Human Rights Commission: *Rights and Responsibilities Consultation Report* | <http://tiny.cc/AHRC-ConsultationReport>
- Equal Opportunity 4 Schools | <http://eo4schools.net.au>
- My Blue Sky | <http://mybluesky.org.au>
- *My Rights – My future, forced marriage* | <http://tiny.cc/MyRightsMyFuture>
- Racism. It stops with me: What can you do? | <http://tiny.cc/RacismWhatCanYouDo>
- Universal Declaration of Human Rights | <http://tiny.cc/DecHumanRights>

## Topic 2: Identity and relationships

### Movies & videos

- *A call to men – Tony Porter* | <http://tiny.cc/CallToMenTP>
- *Alex's story* | <http://tiny.cc/AlexStory> (now only available by purchase)
- *City of Melville: '6' DVD* | <http://tiny.cc/6DVD>
- *Fairy Tales to reality TV: How girls and guys are portrayed in movies and TV* | <http://tiny.cc/FairyTalesToReality>
- *Inspiring The Future – Redraw The Balance* | <http://tiny.cc/InspiringTheFuture>
- *The Mask You Live In – trailer* | <http://tiny.cc/MaskYouLiveInTrailer>
- *The Representation Project: Rewrite the Story* | <http://tiny.cc/RewriteTheStory>
- *The Weekly: Gendered Toys* | <http://tiny.cc/TheWeekly-Toys>
- *What are you going to make?* | <http://tiny.cc/WhatAreYouGoingToMake> (unavailable)

### Resources & websites

- Glogster | <http://glogster.com>
- Prezi | <https://prezi.com>
- The Relationship Spectrum | <http://tiny.cc/RelationshipSpectrum>
- The Relationship Spectrum: How it works | <http://tiny.cc/RelationshipSpectrumHow>
- Word cloud generators | <http://tiny.cc/WordClouds>

## Topic 3: Power in relationships

### Stories & books

- McCaffrey K (2006) *Destroying Avalon*, Freemantle Press

### Movies & videos

- *Equality, Diversity & Inclusion* | <http://tiny.cc/EqDiversityInclusion>
- *How to understand power – Eric Liu* | <http://tiny.cc/UnderstandingPower>
- *Slut Or What* | <http://tiny.cc/SlutOrWhat>
- *The Power Gap* | <http://tiny.cc/PowerGap>
- *UNITY: Anti-discrimination Video* | <http://tiny.cc/UnityAntiDiscrimination>

### Resources & websites

- Australian Human Rights Commission: A quick guide to Australian discrimination laws | <http://tiny.cc/AHRC-DiscriminationLaw>
- Australian Human Rights Commission: Know where the line is | <http://tiny.cc/AHRC-KnowTheLine>
- Australian Human Rights Commission: RightsEd: Tackling sexual harassment | <http://tiny.cc/AHRC-SexualHarassmentEd>
- Australian Human Rights Commission: Sexual harassment | <http://tiny.cc/AHRC-SexualHarassment>
- Equal Opportunity 4 Schools | <http://eo4schools.net.au>
- Fair Work Ombudsman: Bullying & harassment | <http://tiny.cc/FairWorkBullying>
- ReachOut: Sexual harassment | <http://tiny.cc/ReachOut-SexualHarassment>

## Topic 4: Trust and networks

### Resources & websites

- Youthbeyondblue: Help someone you know | <http://tiny.cc/YouthBB-HelpSomeone>

## Focus Area 3: Recognising and reporting abuse

### Topic 1: Privacy and the body

#### Resources & websites

- A simplified version of the United Nations Convention on the Rights of the Child | <http://tiny.cc/UNCRC-Simplified>
- Australian Human Rights Commission: Privacy resources | <http://tiny.cc/AHRC-PrivacyResources>
- Child and Youth Health: Safety for teens | <http://tiny.cc/CYH-TeenSafety> (alternative)
- Encounter Youth: Party safe education | <http://tiny.cc/EY-PartySafeEducation>
- Encounter Youth: Schoolies Festival | <http://tiny.cc/EY-SchooliesFestival>
- Equal Opportunity 4 Schools | <http://eo4schools.net.au>
- Office of the eSafety Commissioner: Games, apps and social networking | <http://tiny.cc/eSafe-GamesAppsSN>
- Positive Choices learning resources | <https://positivechoices.org.au>
- ReachOut: All about age and confidentiality | <http://tiny.cc/ReachOut-Confidentiality>
- ReachOut: What is body image? | <http://tiny.cc/ReachOut-BodyImage>
- SeeMe: Body image activities | <http://tiny.cc/SeeMeBodyImage> (alternative)
- The Butterfly Foundation | <https://thebutterflyfoundation.org.au>
- ThinkUKnow: Factsheets – popular apps and websites | <http://tiny.cc/ThnkUKnw-Factsheets>
- Universal Declaration of Human Rights | <http://tiny.cc/DecHumanRights>

### Topic 2: Recognising abuse

#### Movies & videos

- *Clare thought she knew* | <http://tiny.cc/ClareThoughtSheKnew>
- *Control Freak* | <http://tiny.cc/ControlFreak>
- *Hey mate, don't be afraid to stand up (at a party)* | <http://tiny.cc/WR-StandUpParty>
- *Jealous Guy* | <http://tiny.cc/JealousGuy>
- *Love Control* | <http://tiny.cc/LoveControl>
- *Matt Thought He Knew* | <http://tiny.cc/MattThoughtHeKnew>
- *Online Grooming Case Study – Carly's Story* | <http://tiny.cc/CarlysStory>
- *Trusted Moments* | <http://trustedmoments.com.au>

#### Resources & websites

- 1800RESPECT | <http://1800respect.org.au>
- Blue Knot Foundation | <http://blueknot.org.au>
- Blue Knot Foundation: Myths about child abuse | <http://tiny.cc/BlueKnot-Myths>
- Bully Stoppers: Online grooming | <http://tiny.cc/BullyStoppers-Grooming>
- Child and Youth Health: Surviving sexual abuse | <http://tiny.cc/CYH-SexualAbuse> (alternative)
- Cool not cool quiz | <http://www.coolnotcoolquiz.org>
- Dating violence information for young people | <http://tiny.cc/DatingViolenceInfo>
- Love Control resource notes | <http://tiny.cc/LoveControlNotes>
- Office of the eSafety Commissioner: Report offensive or illegal content | <http://tiny.cc/eSafe-ReportContent>
- ReachOut | <http://au.reachout.com>
- ReachOut: Signs of an abusive relationship | <http://tiny.cc/ReachOut-Signs>
- ReachOut: What to do if you're in an abusive relationship | <http://tiny.cc/ReachOut-WhatToDo>
- Relationships: the good the bad & the ugly | <http://tiny.cc/GoodBadUgly>
- Rosie's Place | <http://rosiesplace.com.au>
- Rosie's Place: Child Sexual Assault: Myths and Facts | <http://tiny.cc/Rosie-MythsFacts>
- That's not cool | <https://thatsnotcool.com>
- ThinkUKnow: How to report | <http://tiny.cc/ThnkUKnw-Report>
- Youth Say No: Resources | <http://tiny.cc/YouthSayNoResources>

### Topic 3: Cyber safety

#### Movies & videos

- *Exposed* | <http://tiny.cc/CEOP-Exposed>
- *Followed* | <http://tiny.cc/eSafe-Followed>
- *Photo Fail* | <http://tiny.cc/eSafe-PhotoFail>
- *Research Insight – Connected kids and teens* | <http://tiny.cc/ConnectedKidsTeens>
- *Research Insight – Teens, kids and digital dangers* | <http://tiny.cc/TeensKidsDigitalDangers>
- *SXTING* | <http://tiny.cc/SXTING>

- Tagged | <http://tiny.cc/eSafe-Tagged>
- The Interview | <http://tiny.cc/eSafe-TheInterview>
- What does your digital shadow say about you? | <http://tiny.cc/DigitalShadow>

#### Resources & websites

- Bully Stoppers: Cyberbullying | <http://tiny.cc/BullyStoppers-Cyber>
- In the picture | <http://tiny.cc/InThePicture>
- It's time we talked | <http://itstimewetalked.com.au>
- Make cyberspace a better place – Amy – Sexting | <http://tiny.cc/AmySexting>
- Making our sites safer: Guidelines for site leaders | <http://tiny.cc/MakingOurSitesSafer> (Department staff only)
- Office of the eSafety Commissioner: Digital reputation | <http://tiny.cc/eSafe-DigitalReputation>
- Office of the eSafety Commissioner: Games, apps and social networking | <http://tiny.cc/eSafe-GamesAppsSN>
- Office of the eSafety Commissioner: Online gaming | <http://tiny.cc/eSafe-OnlineGaming>
- Office of the eSafety Commissioner: Rewrite your story | <http://tiny.cc/eSafe-RewriteYourStory>
- Office of the eSafety Commissioner: Sam's story | <http://tiny.cc/eSafe-SamsStory>
- Office of the eSafety Commissioner: Sexting | <http://tiny.cc/eSafe-Sexting>
- Office of the eSafety Commissioner: Standalone lesson plans for secondary classes | <http://tiny.cc/eSafe-SecondaryLessons>
- Office of the eSafety Commissioner: Using your device – GPS | <http://tiny.cc/eSafe-GPS>
- Respect me. Don't sext me | <http://tiny.cc/RespectMeDontSextMe>
- Sending explicit photos | <http://tiny.cc/SendingExplicitPhotos>
- ThinkUKnow: How to report | <http://tiny.cc/ThnkUKnw-Report>
- ThinkUKnow: Protecting your accounts | <http://tiny.cc/ThnkUKnw-Accounts>
- ThinkUKnow: Social media and reputation management guide | <http://tiny.cc/ThnkUKnw-SMRepGuide>

### Topic 4: Domestic and family violence

#### Movies & videos

- Attitudes to gender equality and violence against women | <http://tiny.cc/VicHealth-Attitudes>
- Facts on family violence 2017 | <http://tiny.cc/FVfacts2017>
- For Love or Money | <http://tiny.cc/ForLoveOrMoney>
- SmartSafe+ mobile app | <http://tiny.cc/SmartSafeApp>
- The Weekly: Blame | <http://tiny.cc/TheWeekly-Blame>
- Violence against women—it's a men's issue: Jackson Katz | <http://tiny.cc/JK-MensIssue>

#### Resources & websites

- 1800RESPECT | <http://1800respect.org.au>
- 1800RESPECT Support a Friend | <http://tiny.cc/1800RESPECT-FriendSppt>
- Australian Institute of Criminology (2011) *Children's exposure to domestic violence in Australia* | <http://tiny.cc/ChildrensExposureDV>
- Brisbane Domestic Violence Service: The cycle of violence | <http://tiny.cc/BDVS-CycleOfViolence> (alternative)
- Domestic Violence Resource Centre Victoria (DVRCV): For families, friends & neighbours | <http://tiny.cc/DVRCV-FamiliesFriends>
- Infographics from the findings of the 2013 National Community Attitudes towards Violence Against Women Survey (NCAS) | <http://tiny.cc/VicHealth-NCAS>
- For Love or Money – an educational resource about financial abuse | <http://tiny.cc/ForLoveOrMoneyNotes>
- Man Up | <http://tiny.cc/ManUp>
- Our Watch: Change the story | <http://tiny.cc/OurWatch-ChangeTheStory>
- Our Watch: Facts and figures | <http://tiny.cc/OurWatch-FactsFigures>
- Our Watch: Myths about violence | <http://tiny.cc/OurWatch-Myths> (alternative)
- Our Watch: Teens & young adults | <http://tiny.cc/OurWatch-TeensYoungAdults>
- ReachOut: Signs of an abusive relationship | <http://tiny.cc/ReachOut-Signs>
- The Line: Myth buster – Violence against women | <http://tiny.cc/TheLine-Mythbuster>
- The Mask You Live In | <http://tiny.cc/TheMaskYouLiveIn>
- White Ribbon Australia: Cycle of violence | <http://tiny.cc/WR-CycleOfViolence> (alternative)
- White Ribbon Australia: Fact sheets | <http://tiny.cc/WR-FactSheets>
- White Ribbon Australia: Training and eLearning | <http://tiny.cc/WR-TrainingLearning>
- White Ribbon Australia: Types of abuse | <http://tiny.cc/WR-Abuse>
- Women and the Media Infographic | <http://tiny.cc/WomenMediaInfographic>

## Focus Area 4: Protective strategies

### Topic 1: Strategies for keeping safe

#### **Resources & websites**

- Better Health Channel: Assertiveness | <http://tiny.cc/BHC-Assertiveness>
- ReachOut: Tips for communicating | <http://tiny.cc/ReachOut-Communicating>

### Topic 2: Network review and community support

#### **Resources & websites**

- Youthbeyondblue: Getting help series | <http://tiny.cc/YouthBB-GettingHelp>