



Resource list – Middle Years: Years 6–9 (Ages 11-14)

Focus Area 1: The right to be safe

Topic 1: Warning signs

Apps

- Appolicious: Apps to teach Emotions | <http://tiny.cc/EmotionsApps>
- I Can Do Apps | <http://icandoapps.com>

Resources & websites

- AnxietyBC youth: How to chill | <http://tiny.cc/AnxietyBCYouth-Chill>
- Bully Stoppers: Online grooming | <http://tiny.cc/BullyStoppers-Grooming>
- Victoria Department of Education and Training: Grooming | <http://tiny.cc/DETVic-Grooming>

Songs & music

- Ross, G (2014) *Relaxation and Meditation for Children*, CD, Australian Broadcasting Corporation | <http://tiny.cc/GR-RelaxationMeditation>

Topic 2: Risk-taking and emergencies

Stories & books

- Byars, B (1973) *The Eighteenth Emergency*, The Bodley Head
- Gleitzman, M (2002) *Boy overboard*, Puffin Books, Victoria
- Jennings, P (1995) *Uncovered*, Puffin Group
- Klein, R (1989) *Came back to show you I could fly*, Puffin Books, Victoria

Movies & videos

- Zemeckis, R (2000) *Cast Away*, DVD, 20th Century Fox, M Rating

Resources & websites

- Australian Red Cross: For schools | <http://tiny.cc/RedCross-Schools>
- Australian Red Cross: Prepare for an emergency | <http://tiny.cc/RedCross-Emergency>
- Teach with Movies: *Cast Away* | <http://tiny.cc/CastAwayGuide>

Topic 3: Psychological pressure and manipulation

Movies & videos

- Behind the News: *Sneaky ads* | <http://tiny.cc/BTN-SneakyAds>

Resources & websites

- Kids Helpline | <https://kidshelpline.com.au>

Focus Area 2: Relationships

Topic 1: Rights and responsibilities

Movies & videos

- *For Every Child 2010* | <http://tiny.cc/ForEveryChild2010>
- *Realizing the Rights of Every Child* | <http://tiny.cc/RightsOfEveryChild>

Resources & websites

- *A simplified version of the United Nations Convention on the Rights of the Child* | <http://tiny.cc/UNCRC-Simplified>
- Amnesty International: Student and teacher resources | <http://tiny.cc/Amnesty-Resources>

- Australian Human Rights Commission: Child-friendly version of the Children’s Rights Report | <http://tiny.cc/AHRC-ChildRights-Report>
- Australian Human Rights Commission: Face the facts: Children’s Rights | <http://tiny.cc/AHRC-ChildRights-Facts>
- Australian Human Rights Commission: Human rights in the school classroom | <http://tiny.cc/AHRC-Classroom>
- The Rights of Children photo essay | <http://tiny.cc/ChildRightsPhotoEssay>
- Your rights in pictures | <http://tiny.cc/RightsInPictures>
- *Your rights: how to make Australia more child friendly* | <http://tiny.cc/YourRightsAustralia>

Topic 2: Identity and relationships

Movies & videos

- *Always #LikeAGirl* | <http://tiny.cc/AlwaysLikeAGirl>

Resources & websites

- 1800RESPECT | <http://1800respect.org.au>
- Child and Youth Health: Relationships and health | <http://tiny.cc/CYH-RelationshipsHealth>
- Growing and developing healthy relationships | <http://tiny.cc/GDHR>
- Relationships Australia SA | <http://rasa.org.au>
- SeeMe: Gender stereotypes | <http://tiny.cc/SeeMeGenderStereotypes> (alternative)

Topic 3: Power in relationships

Books & stories

- Clark, M (1995) *Back on track—Diary of a street kid*, Random House Australia, Milsons Pt, NSW
- Clarke, J (1998) *Night train*, Penguin Group (Australia), Ringwood, Victoria
- Crutcher, C (2003) *Staying fat for Sarah Byrnes*, HarperTempest, USA
- Dumbleton, M (2003) *Watch out for Jamie Joel*, Allen & Unwin, Crows Nest, Australia
- Klein, R (1984) *Hating Alison Ashley*, Puffin Books, Melbourne, Victoria
- Mah, AY (1999) *Chinese Cinderella*, Puffin Books, Victoria
- Marchetta, M (2003) *Saving Francesca*, Penguin Group, Camberwell, Victoria
- Marsden, J (1999) *So much to tell you*, Lothian Books, Victoria, Australia
- Moloney, J (1996) *A bridge to Wiseman’s Cove*, University of Queensland Press, QLD
- Watts, M (2004) *Heroes*, Lothian Books, Melbourne, Victoria

Movies & videos

- *Anti-Bullying Learning and Teaching Resource (ALTER)* Catholic Education Office, Wollongong | <http://tiny.cc/CEO-ALTER>
- *Cyberslap* | <http://tiny.cc/Cyberslap>

Resources & websites

- ABC Splash: Statistics | <http://tiny.cc/ABCSplashStatistics>
- Australian Human Rights Commission: Face the facts: Gender Equality | <http://tiny.cc/AHRC-GenderEquality-Facts>
- Australian Human Rights Commission: Get informed | <http://tiny.cc/AHRC-GetInformed>
- Australian of the Year Awards | <http://australianoftheyear.org.au>
- Behind the News | <http://abc.net.au/btn>
- Bully Stoppers: Classroom resources | <http://tiny.cc/BullyStoppers-Resources>
- Bullying No Way! Teaching about bullying | <http://tiny.cc/BNW-TeachingBullying>
- Closer look: The Australian Constitution | <http://tiny.cc/CloserLookConstitution>
- Equal Opportunity 4 Schools | <http://eo4schools.net.au>
- Famous people of the Twentieth Century | <http://tiny.cc/FamousPeople20C>
- Kids Helpline: Bullying lesson resources | <http://tiny.cc/KHL-TeachersBullying>
- Mobilising bystanders | <http://tiny.cc/NCAB-MobilisingBystanders>
- News.com.au | <http://news.com.au>
- Office of the eSafety Commissioner: Cyberbullying | <http://tiny.cc/eSafe-Cyberbullying>
- *Snapshots – The Constitution* | <http://tiny.cc/SnapshotsConstitution>
- Teach with Movies | <http://teachwithmovies.org>
- The Advertiser | <http://adelaidenow.com.au>

Topic 4: Trust and networks

N/A

Focus Area 3: Recognising and reporting abuse

Topic 1: Privacy and the body

Resources & websites

- Family Planning NSW bookshop | <http://tiny.cc/FPNSW-Bookshop>
- Family Planning Victoria Relationships and sexuality education resources | <http://tiny.cc/FPV-RSEResources>
- Growing and developing healthy relationships | <http://tiny.cc/GDHR>
- *Is this normal? Understanding your child's sexual behaviour* | <http://tiny.cc/IsThisNormal>
- Naming it right | <http://tiny.cc/NamingItRight>
- *Talk soon. Talk often: A guide for parents talking to their kids about sex* | <http://tiny.cc/TalkSoonTalkOften>

Topic 2: Recognising abuse

Movies & videos

- ThinkUknow (2013) *Exploited*, National Crime Agency, UK | <http://tiny.cc/Exploited>

Resources & websites

- Kids Helpline | <https://kidshelpline.com.au>
- ReachOut | <http://au.reachout.com>
- Youth Say No!: Resources | <http://tiny.cc/YouthSayNoResources>

Stories & books

- Byars, B (1992) *The Pinballs*, HarperTrophy, UK Clays Ltd
- Dahl, R (1975) *Danny the champion of the world*, Cox & Wyman, Great Britain
- Dumbleton, M (2003) *Watch out for Jamie Joel*, Allen & Unwin, Crows Nest, Australia
- Hathorn, L (1994) *Way home*, 1st American Edition, Random House, New York
- Klein, R (2003) *Seeing things*, The Robin Klein collection, Viking, an imprint of Penguin Books, Victoria
- Mah, AY (1999) *Chinese Cinderella*, Puffin Books, Victoria
- Rowling, JK (1997) *Harry Potter and the philosopher's stone*, Bloomsbury, England
- Watts, M (2004) *Heroes*, Lothian Books, Melbourne, Victoria

Topic 3: Cyber safety

Movies & videos

- *Digital Citizens Guide* | <http://tiny.cc/DigitalCitizensGuide>
- *Jigsaw: for 8–10 year olds* | <http://tiny.cc/Jigsaw8-10> (alternative)
- *Megan and Ryan's Story* | <http://tiny.cc/MegansStory>

Resources & websites

- Kids Helpline: Sexting and the Consequences | <http://tiny.cc/KHL-TeensSexting>
- Kids Helpline: Staying Safe Online | <http://tiny.cc/KHL-KidsOnlineSafety>
- Office of the eSafety Commissioner | <https://esafety.gov.au>
- Office of the eSafety Commissioner: Digital citizenship | <http://tiny.cc/eSafe-DigitalCitizenship>
- Office of the eSafety Commissioner: Offensive or illegal content | <http://tiny.cc/eSafe-OffensiveContent>
- Office of the eSafety Commissioner: Online gaming | <http://tiny.cc/eSafe-OnlineGaming>
- Office of the eSafety Commissioner: Sexting | <http://tiny.cc/eSafe-Sexting>
- Office of the eSafety Commissioner: Social networking | <http://tiny.cc/eSafe-SocialNetworking>
- Office of the eSafety Commissioner: Standalone lesson plans for primary classes | <http://tiny.cc/eSafe-PrimaryLessons>
- Office of the eSafety Commissioner: Standalone lesson plans for secondary classes | <http://tiny.cc/eSafe-SecondaryLessons>
- POSTi Network: The social network game | <http://tiny.cc/POSTiNetwork>
- *Respect me. Don't sext me* | <http://tiny.cc/RespectMeDontSextMe>
- ThinkUKnow | <https://thinkuknow.org.au>
- ThinkUKnow: *Megan and Ryan's Story* teacher resource | <http://tiny.cc/ThnkUKnw-MegansStoryRsrc> (requires login)
- Youth Central: Web & social safety | <http://tiny.cc/YC-WebSocialSafety>

Stories & books

- Arena, F & Lyon, G (2002) *Specky Magee*, Angus & Robertson. An imprint of HarperCollins Publishers, Australia

Topic 4: Domestic and family violence

Movies & videos

- Behind the News: *White Ribbon Day* | <http://tiny.cc/BTN-WhiteRibbonDay>

Resources & websites

- 1800RESPECT | <http://1800respect.org.au>
- 1800RESPECT: How does domestic and family violence affect children? | <http://tiny.cc/1800RESPECT-Children>
- Bursting the Bubble | <http://burstingthebubble.com>
- Office of the eSafety Commissioner: Offensive or illegal content | <http://tiny.cc/eSafe-OffensiveContent>
- Our Watch: Facts and figures | <http://tiny.cc/OurWatch-FactsFigures>
- Our Watch: Myths about violence | <http://tiny.cc/OurWatch-Myths>
- ReachOut: Being a supportive bystander | <http://tiny.cc/ReachOut-Bystander>
- The Line | <http://theline.org.au>
- White ribbon Australia: Fact sheets | <http://tiny.cc/WR-FactSheets>
- White Ribbon Australia: Stand up, speak out, act | <http://tiny.cc/WR-StandUp>

Songs & music

- *Behind the wall* by Tracey Chapman (1988) Tracey Chapman, Elektra Records
- *Fair* by Ben Folds Five (1997) Whatever and Ever Amen, 550
- *Family portrait* by Pink (2001) Missundaztood, Arista
- *I'm Ok* by Christina Aguilera (2002) Stripped, RCA Records
- *Love story* by Taylor Swift (2008) Fearless, Big Machine Records
- *One thing* by One Direction (2011) Up all night, Columbia Records.
- *Welcome to my life* by Simple Plan (2004) Still not getting any, Atlantic

Stories & books

- Dumbleton, M (2003) *Watch out for Jamie Joel*, Allen & Unwin, Crows Nest, Australia

Focus Area 4: Protective strategies

Topic 1: Strategies for keeping safe

Apps

- Apps for creating comic strips | <http://tiny.cc/ComicStripApps>

Movies & videos

- Davis, A (2003) *Holes*, DVD, Walt Disney Home Entertainment, PG Rating

Resources & websites

- Better Health Channel: Assertiveness | <http://tiny.cc/BHC-Assertiveness>
- Cahill, H (2000) *Enhancing Resilience 2: Stress and coping*, MindMatters, Commonwealth of Australia
- Keeping Cool: Building Student Resilience | <http://tiny.cc/KeepingCool-Resilience> (alternative)
- KidsMatter | <http://kidsmatter.edu.au> (alternative)
- McGrath, H & Francey, S (1991) *Friendly kids, friendly classrooms*, Longman, Melbourne
- MindMatters | <http://mindmatters.edu.au> (alternative)
- Morris, E (2004) *Assertiveness for middle school students*, ACER Press, Camberwell, Vic
- ReachOut: Building resiliency in young people | <http://tiny.cc/ReachOut-Resiliency>
- ReachOut: My Wellbeing. My Classroom. | <http://tiny.cc/ReachOut-MyWellbeing>

Stories & books

- Gleitzman, M (2002) *Boy overboard*, Puffin Books, Victoria
- Heffernan, J (2004) *A horse called Elvis*, Scholastic Australia Pty Ltd, New South Wales
- Jennings, P (1995) *Uncovered*, Puffin Group
- Klein, R (1989) *Came back to show you I could fly*, Puffin Books, Victoria
- Mah, AY (1999) *Chinese Cinderella*, Puffin Books, Victoria
- Petersen, K (1977) *Bridge to Terabithia*, Harper Collins
- Sachor, L (1998) *Holes*, Dell Yearling, an imprint of Random House Inc, New York

Topic 2: Network review and community support

Stories & books

- Ihimaera, W (1987) *The whale rider*, Heinemann, New Zealand
- Rowling, JK (1997–2007) *Harry Potter series*, Bloomsbury, United Kingdom

Movies & videos

- Caro, N (2002) *Whale Rider*, DVD, South Pacific Pictures
- Stanton, A (2003) *Finding Nemo*, DVD, Pixar Animation Studios, Walt Disney Pictures
- Various directors (2001-2011) *Harry Potter series*, DVD, Warner Bros

Resources & websites

- Storyboard That | <http://storyboardthat.com>
- Prezi | <https://prezi.com>
- Glogster | <http://glogster.com>